

<b>Study program:</b> Special Education and Rehabilitation for Persons with Difficulties in Mental Development; Speech and Language Pathology			
<b>Type and level of studies:</b> Basic Academic			
<b>Title of the subject: Basics of Counseling Psychology</b>			
<b>Lecturer:</b> Ivona R. Milačić-Vidojević			
<b>Course status:</b> Elective			
<b>ECTS:</b> 5			
<b>Prerequisites:</b> none			
<b>Aim:</b> Will ensure basic knowledge of select psychological theories which are important in psychological counselling, knowledge of counselling processes and outcomes, the relationship of the counselor and client, the characteristics of a counselor and client, the context in which the counselling occurs.			
<b>Outcomes:</b> Students will gain an understanding of select counseling theories which are important for psychological counseling and will develop professional attitudes, values and professional interests in this area. Students will become familiar with different settings where counselors work. Students will ensure basic knowledge of ethics and standard of practice.			
<b>Content</b> Definitions of counselling, scope and limitations, training and professional development of counselors, personality of a counselor. Counselling theories - psychoanalytical, existential-phenomenological,cognitive-behavioural, systemic and integrative approach. The process of counselling-phases in the process, the task and the roles of the counselor, the behaviour and reactions of clients in various phases. The course of life as a meta model in psychological counselling- counselling children, adolescents, adults and older individuals. Counselling within context- mental health services, counselling in the school, workplace, with emphasis on counselling parents and children with disabilities and chronic medical conditions. Ethical themes in psychological counselling. <i>Practical work:</i> Writing about personal experiences and how they are connected with major counseling theory concepts. Interview with clients; counseling based communication skills - role playing.			
<b>Literature</b> <div>1. Corey, G. (2004).Теорија и пракса психолошког саветовања и психотерапије, Загреб, Наклада Слaп, ИСБН 953-191-243-2, стр. 43-59,68-104,143-165,170-189,387-439,457-485.</div> <div>2. Nelson-Jones, R. (2003). Практичне вјештине у психолошком савјетовању и помагању, Загреб, Наклада Слaп, ИСБН 978-953-191-305-8, стр. 103-126.</div>			
<b>Number of active classes per week: 3</b>	<b>Lecture: 2</b>		<b>Practical work: 1</b>
<b>Teaching methods:</b> Course lectures, practical work, participation in class discussion and activities, multimedia presentation, guest presentations			
<b>Evaluation of knowledge (maximum score 100)</b>			
<b>Pre obligations</b>	<b>Score</b>	<b>Final exam</b>	<b>Score</b>
activities during the lectures	5	written exam	
practical teaching	15	oral exam	70
midterm(s)		.....	
seminars	10		